

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Russel Morema**

Has successfully participated & completed the

**21km CDM 4-in-1 2019**

held at Polokwane Rugby Fields.

**TIME 02:00:32**

**PACE 05:43/km**

**GENDER 108 of  
324**

**OVERALL 119 of 530**

**40+ 35 of 102**

16 February 2019, Sat

Date



*BoutTime*

Signature

